

# STUDY NOTES FROM KAREN HOERDEL'S "DOORWAYS TO THE DEVIL" TEACHING SERIES

## **Spiritual Armor: The Whole Armor of God**

Text: Ephesians 6:10-18 - especially verse 10  
Romans 13:12-14 - the armor is Jesus  
I Thessalonians 5:8 - faith, love, hope

Belt of Truth: girt, girdle, sash  
Exodus 12:11; I Peter 1:13 - gird up your loins

Breastplate of Righteousness: Righteousness = quality of being right or just; an attribute of God  
Romans 3:22-26 - Christ is our righteousness  
II Corinthians 5:21; Jeremiah 23:5-6; Revelation 19:7-8; I Peter 1:15 - be ye holy (Romans 13:3)

Gospel Shoes: "Preparation" = firm footing; readiness  
Psalm 40:2; Isaiah 52:7; Romans 10:14-15  
Acts 10:36-43 - the gospel  
PEACE - Greek = "Eirens" and "Shalom" = to be whole, complete  
Colossians 1:20-22 - the cross reconciles God and man

Shield of Faith: Genesis 15:1; Psalm 5:12; Psalm 91:3-7; Proverbs 30:5  
Hebrews 11:6 = Believe, totally rely upon God

Helmet of Salvation: Deliverance, preservation  
Psalm 37:39-40 - God is our helmet  
Romans 8:6-7; I Corinthians 2:16; II Corinthians 10:3-5 - our mind  
Philippians 4:6-9; Isaiah 26:3 - peace of mind

Sword of the Spirit: The Sword of the Spirit is the WORD OF GOD  
(Matthew 4:1-22)  
Jeremiah 5:14; Hebrews 4:12; Revelation 19:11-15  
Psalm 17:4b - "by the word of thy lips, I have kept me from the paths of the destroyer."

## **THE WHOLE ARMOR OF GOD**

Lord, I put on the whole armor of God, that I may be clothed with Christ.

I put on the Helmet of Salvation and bring my mind into the captivity of the Lord Jesus Christ. I submit my will to Your will and pray that Your perfect will be done in me.

I pull the Helmet down over my eyes to see through the eyes of Jesus. I pull it down over my nose to partake of the fragrance of the Lord that I may become pleasing unto Him. I pull it over my ears to hear the voice of the Lord and to obey His voice.

I pull it down over my mouth that the words of my mouth and the meditations of my heart may be one and acceptable in Your sight, O Lord, my Strength and my Redeemer. Keep Your guard over my mouth.

I put on the Breastplate of Righteousness over my heart where faith and love alone reside. I thank You for this garment of righteousness for I have none of my own. Cover me with Your precious blood and create in me a clean heart, O Lord, and renew a right spirit within me.

I put on the Belt of Truth that I may stand secure in You. For righteousness shall be the girdle of my waist, and faithfulness shall be the girdle of my loins. Strengthen me in the inner-man.

I put on the shoes of the Gospel of Peace and wholeness that I may stand and know the battle is not mine but God's.

I take up the Shield of Faith to quench all the fiery darts of the enemy. You are my Shield, my Refuge, my High Tower and to You alone do I run.

I take up the Sword of the Spirit which is sharper than any two-edged sword, piercing and discerning the intentions of the heart. Search me, O God, and know my heart; try me and know my thoughts; and see if there be any wicked way in me, and lead me in the way everlasting. Dispel all darkness, Lord, and fill me with Your Light.

I throw off the spirit of heaviness and I put on the mantle of praise that I may be called an oak of righteousness, the planting of the Lord, that He may be glorified.

Thank You Lord, for placing a Cloak of Glory around me, that the glory of the Lord is my rear guard. Erect a thick shield of light around me and a wall of fire. Release Your mighty warrior angels on my behalf. Let no evil befall me. In the Name of the Father, Son and Holy Spirit.  
Amen.

BHS/DDM

### **WHO I AM IN CHRIST**

Knowing exactly who you are in Christ Jesus is critical to your life. It makes you more than a conqueror in every circumstance and it causes you to triumph in all things. As you read and re-read each of these verses, know that they are God's statements about who you are. And in the final analysis what He thinks and says about you is all that counts.

*"The Lord bless you and keep you;  
The Lord make His face shine upon you and be gracious unto you.  
The Lord lift up His countenance upon you  
And give you peace."  
(Numbers 6:24-26)*

I. I AM LOVED:

a. I am loved. (1 John 3:1)

- b. I am a child of God. (John 1:12)
- c. I am Jesus' friend. (John 15:15)
- d. I am the child of a great Father. (Romans 8:15)
- e. I am accepted. (Ephesians 1:6)
- f. I am forgiven. (Colossians 2:13)
- g. I am cleansed. (Revelation 1:5)
- h. I am redeemed. (1 Peter 1:18-19)
- i. I am chosen by God, holy, and dearly loved. (Colossians 3:12)
- j. I am someone who has Somebody who cares. (1 Peter 5:7)

#### II. I AM PART OF A GREAT FAMILY:

- a. I am part of the body of Christ. (1 Corinthians 12:27)
- b. I am a fellow citizen with the rest of God's family. (Ephesians 2:19)
- c. I am one of God's living stones, being built up in Christ as a spiritual house. (1 Peter 2:5)
- d. I am part of a chosen generation, a royal priesthood, and a holy nation. I am special. (1 Peter 2:9)
- e. I am part of the bride of Christ. (Ephesians 5:27)

#### III. I AM BLESSED:

- a. I am a joint heir with Christ, sharing His inheritance with Him. (Romans 8:17, Galatians 4:7)
- b. I am blessed with every spiritual blessing. (Ephesians 1:3)
- c. I am alive with Christ. (Ephesians 2:5)
- d. I am seated in the heavenly places in Christ. (Ephesians 2:6)
- e. I am a citizen of heaven. (Philippians 3:20).
- f. I am hidden with Christ in God. (Colossians 3:3)
- g. I have been given the mind of Christ. (1 Corinthians 2:16)
- h. I am sealed with the Holy Spirit. (Ephesians 1:13)
- i. I am healed by Jesus' stripes. (1 Peter 2:24)
- j. I am kept by the power of God through faith. (1 Peter 1:5)
- k. I am able to be prosperous and successful in whatever I do. (Joshua 1:8, Psalm 1:3, read context)

#### IV. I AM HOLY:

- a. I am set free from sin to be a slave of righteousness. (Romans 6:18)
- b. I am a temple, a dwelling place of God, His Spirit and His life lives in me. (1 Corinthians 6:19, 1 Corinthians 3:16)
- c. I am united to the Lord and am one spirit with Him. (1 Corinthians 6:17)
- d. I am a new creation. (2 Corinthians 5:17)
- e. I am a saint; I am sanctified in Christ Jesus. (1 Corinthians 1:2, Romans 1:7, Ephesians 1:1, Phil. 1:1, Colossians 1:2)
- f. I am righteous and holy. (Ephesians 4:24)
- g. I am clothed in righteousness, and am the righteousness of God in Christ. (Philippians 3:9, 2 Cor. 5:21)
- h. I am a son of light and not of darkness. (1 Thessalonians 5:5)
- i. My destiny is to be like Jesus, when I see Him as He is. (1 John 3:2)
- j. I am not dominated by sin; I am able not to sin. (Romans 6:6,14)
- k. I am able to escape temptation. (1 Corinthians 10:13)
- l. I am more than a conqueror through Him who loved me. (Romans 8:37)
- m. I can do all things through Christ and His strength. (Philippians 4:13)

V. I AM EMPOWERED BECAUSE OF CHRIST JESUS:

- a. I am part of the true vine, the life and power of Jesus flows through me. (John 15:5)
- b. I am an expression of the life of Christ because He is my life. (Colossians 3:4)
- c. I am a partaker of Christ, I share in His life. (Hebrews 3:14)
- d. I am partaker of the Divine nature. (2 Peter 1:4)
- e. I have the anointing of the Holy One. (1 John 2:20)
- f. I overcome the accuser of the brethren. (Revelation 12:11)

VI. I AM A PERSON OF PURPOSE & DESTINY:

- a. I am the salt of the earth. I make people thirsty for God. (Matthew 5:13)
- b. I am the light of the world. (Matthew 5:14)
- c. I am chosen by Christ to bear much fruit. (John 15:16)
- d. I am reconciled to God and a minister of reconciliation. (II Corinthians 5:18)
- e. I am God's workmanship, His handiwork; I have been uniquely created by Christ to do His work. I am a one of a kind original, priceless, masterpiece. (Ephesians 2:10)
- f. I am holy, with a heavenly calling. (Hebrews 3:1)
- g. I am an enemy of the devil. I am adversity to the adversary. (1 Peter 5:8)

VII. I AM WHAT I AM:

- a. I am not the great "I am", but by the grace of God, I am what I am. (1 Corinthians 15:10, Exodus 3:14, John 8:24, 28, 58)

# Put on the Whole Armor of God

